

# YOUTH

## DISCIPLE U DETAILS & SCHEDULE 2023/2024

### **Disciple U Phase Nights: 6:30-8:30p (2nd & 4th Wednesdays)**

6:30-7:00p - Worship & Equipping time together with all Disciple U phase groups

7:00-8:30p - Phase-specific teaching, prayer, and group discussion

*\*All Disciple U students are expected to attend these nights as part of the continuous formation of spiritual development in the life of Disciple U students.*

### **\*Additional Disciple U Commitments:**

### **Disciple U Step Up/Youth Group: 6:00-6:30p / 6:30-8:30p (1st, 3rd & 5th Wednesdays)**

Step Up is intended to be a time for our Disciple U students to come together to pray and prepare for youth group.

*\*Only intended for Disciple U enrolled students*

*\*The expectation is that a Disciple U student would stay for the youth service following Step Up (once a month a Disciple U student would serve at youth group and once a month they would attend and participate)*

### **Core Class: 5:30-7:30p (1st Sunday of every month)**

5:30-6:20p Class #1

6:20-6:40p - Break

6:40-7:30p - Class #2

Core classes are what we consider to be the 24 necessary teachings that we believe every New Life student should gain revelation and understanding of biblically. This is what New Life would consider as our expression of the Catholic Church's "catechism" or the Lutheran Church's "confirmation" type of content that we believe every follower of Jesus should commit themselves to the understanding of.

*\*The expectation for Disciple U students is that at least one time during their middle school years and one time during their high school years, they would attend these teachings with a one-year commitment.*

### **Disciple U Quarterlies:**

*September 22-24, 2023: Disciple U Retreat @TripleR Ranch / \$150 \*Register Online*

*Mid-December 2023: Community Outreach Initiative*

*March 16, 2024: Hampton Roads Spiritual History Tour / \*RSVP Online*

*June 16-22, 2024: Disciple U Local Mission's Trip*

*July 11-20, 2024: Disciple U International Mission's Trip*

*\*Disciple U Quarterlies are the only things within Disciple U that have a cost associated with them. There is an expectation that students would participate and serve within these different quarterly opportunities.*

We don't consider Disciple U so much of a program as more so of a lifestyle. We don't really believe in the idea of someone graduating from it because we believe that discipleship is an ongoing part of the believer's life. Although there is not a set requirement of attendance for Disciple U, the expectation is that it would be prioritized over primarily all areas of life outside of extraordinary circumstances.

We have created four yearly onboarding opportunities for students to join and commit to Disciple U. Every January, April, July, and October a new student can apply and join with the existing Disciple U groups.

After a student graduates, from high school, there are opportunities for them to become a Disciple U intern, group leader, and or Phase leader.